

#### SHETH LALII DAYAL AMALGAMATED TRUST'S

## LILAVATI LALJI DAYAL NIGHT COLLEGE OF COMMERCE

375/77, Sardar Vallabhbhai Patel Road, Mumbai – 400 004. Tel.: 022 – 2382 7615/ 3507 7382

E-mail: Ildhs2000@gmail.com/ info@lldhs.in

Website: www.lldhscoc.in

Govt. Order No.: NGC 2018 / (100 / 18) MHSHI-4	Univ Affiliation No.: AFF / ICD / 2018-19/ 731
Ref. No	Date:

### 1. Report on Yoga Day: June 21, 2021

**Event:** Yoga Day – Yoga Training for Young Adults and College Students (Online Mode)

**Day/Date:** June 21, 2021

Organizing Unit/Department with Collaboration: Lilavati Lalji Dayal Night College of

Commerce in collaboration with St. Rocks College

**Number of Student Participants: 45** 

**Number of Beneficiaries from Communities: 10** 

On June 21, 2021, Lilavati Lalji Dayal Night College of Commerce, in collaboration with St. Rocks College, organized a Yoga Day event to provide yoga training for young adults and college students in observance of International Yoga Day.

### **Key Highlights:**

- Yoga Training: The event featured a comprehensive yoga session, including postures, breathing exercises, and meditation aimed at improving physical and mental well-being.
- Collaboration: St. Rocks College contributed to the event by providing additional resources and support for a successful session.
- **Community Engagement:** 45 students participated alongside 10 community members, highlighting the event's impact on promoting wellness.

### **Conclusion:**

The Yoga Day event effectively promoted health and wellness through yoga, supported by collaboration with St. Rocks College. The participation of both students and community members underscored the event's success in fostering a culture of physical and mental wellbeing.



(In-Charge Principal)
Sheth Lalji Dayal Amalgamated Trust's
Lilavati Lalji Dayal Night College of Commerce
Charni Road, Mumbai 400 004

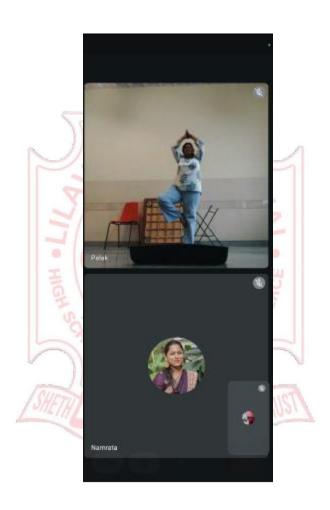


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### 2. Report on Marathi Bhasha Divas Celebration: February 27, 2022

**Event:** Marathi Bhasha Divas Celebration with Supporting Staff

Day/Date: February 27, 2022

Organizing Unit/Department with Collaboration: Lilavati Lalji Dayal Night College of

Commerce in collaboration with Management and Trust Board

**Number of Student Participants: 60** 

**Number of Beneficiaries from Communities: 26** 

On February 27, 2022, Lilavati Lalji Dayal Night College of Commerce, in collaboration with the Management Trust (Governance), celebrated Marathi Bhasha Divas to honor and promote the Marathi language among students and supporting staff.

## **Key Highlights:**

- Language Celebration: The event featured various activities highlighting the significance of the Marathi language, including speeches, poetry recitations, and cultural performances.
- Collaboration: The Management Trust (Governance) played a crucial role in organizing and supporting the event.
- **Community Involvement:** 60 students and 26 supporting staff members participated, reflecting a strong engagement in celebrating and valuing the Marathi language.

#### **Conclusion:**

The Marathi Bhasha Divas Celebration successfully honored the Marathi language, thanks to the collaborative efforts with the Management Trust (Governance). The event significantly engaged both students and supporting staff, fostering a deeper appreciation for Marathi culture and heritage.



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(In-Charge Principal) Sheth Lalji Dayal Amalgamated Trust's Lilawath Lalji Dayal Night College of Commerce Charni Road, Membai - 400 004