

LILAVATI LALJI DAYAL NIGHT COLLEGE OF COMMERCE

375/77, Sardar Vallabhbhai Patel Road, Mumbai – 400 004. Tel.: 022 – 2382 7615/ 3507 7382
E-mail: Ildhs2000@gmail.com/ info@lldhs.in
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Govt. Order No.: NGC 2018 / (100 / 18) MHSHI-4	Univ Affiliation No.: AFF / ICD / 2018-19/ 731
Ref. No	Date:

1. Report on Yoga Day: June 21, 2018

Event: Yoga Day - Yoga Training to Young Adults for College Students

Day/Date: June 21, 2018

Organizing Unit/Department with Collaboration: Lilavati Lalji Dayal Night College of

Commerce in collaboration with BJPC College, Charni Road

Number of Student Participants: 15

Number of Beneficiaries from Communities: 93

On June 21, 2018, Lilavati Lalji Dayal Night College of Commerce, in collaboration with BJPC College, Charni Road, organized a Yoga Day event aimed at providing yoga training to young adults, including both college students and community members. This event was held to commemorate International Yoga Day and promote physical and mental well-being through yoga.

Key Highlights:

- 1. **Yoga Training:** The event featured a guided yoga session with basic postures, breathing techniques, and meditation aimed at enhancing flexibility, strength, and mindfulness among the participants.
- 2. Collaboration with BJPC College: The collaboration with BJPC College played a pivotal role in the success of the event. BJPC College provided additional trainers and volunteers, helping to facilitate a larger yoga session and extend its outreach to community members. This partnership fostered greater engagement from a broader audience.
- 3. **Community Involvement:** In addition to the 15 student participants, 93 community members benefited from the training, making the event a valuable initiative for





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promoting wellness within the local community. The collaboration between the colleges helped to ensure that the event reached and impacted individuals beyond the immediate college environment.

4. **Health and Well-being Awareness:** The event emphasized the importance of yoga as a tool for maintaining both physical and mental health. Students and community members alike benefited from the session, learning how to incorporate yoga into their daily lives.

Conclusion:

The Yoga Day event was a successful collaborative initiative that provided yoga training to both students and community members. The partnership between Lilavati Lalji Dayal Night College of Commerce and BJPC College facilitated a broader reach and helped promote the practice of yoga to young adults and the wider community. This event played an essential role in spreading awareness of the benefits of yoga, fostering wellness, and building connections between educational institutions and the local community.





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2. Report on Garba Celebration: October 17, 2018

Event: Garba Celebration Day/Date: October 17, 2018

Organizing Unit/Department with Collaboration: Lilavati Lalji Dayal Night College of Commerce in

collaboration with Reliance Hospital Nursing Staff

Number of Student Participants: 20

Number of Beneficiaries from Communities: 18

On October 17, 2018, Lilavati Lalji Dayal Night College of Commerce, in collaboration with Reliance Hospital Nursing Staff, organized a Garba celebration to promote cultural engagement among students and community members.

Key Highlights:

- **Garba Dance:** Students and nursing staff participated in the traditional Garba dance, celebrating the festival of Navratri.
- Collaboration: Reliance Hospital Nursing Staff joined the college in organizing and participating, enhancing the cultural exchange and community engagement.
- Community Participation: In addition to the 20 students, 18 members from the community joined the celebration, making the event more vibrant and inclusive.

Conclusion:

The Garba celebration was a successful collaboration between Lilavati Lalji Dayal Night College of Commerce and Reliance Hospital Nursing Staff. The event fostered cultural unity and allowed both students and community members to celebrate together.





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3. Report on Cooking Without Fire: September 18, 2018

Event: Cooking Without Fire for Young Toddlers in Nuclear Families

Day/Date: September 18, 2018

Organizing Unit/Department with Collaboration: Lilavati Lalji Dayal Night College of Commerce in

collaboration with Young Students from Marwari Commercial High School

Number of Student Participants: 12

Number of Beneficiaries from Communities: 32

On September 18, 2018, Lilavati Lalji Dayal Night College of Commerce, in collaboration with students from Marwari Commercial High School, organized a "Cooking Without Fire" event for young toddlers in nuclear families, aimed at promoting healthy and creative snack preparation.

Key Highlights:

- **Activity Focus:** Participants prepared simple and nutritious dishes without using fire, teaching young toddlers the basics of healthy eating.
- Collaboration: Students from Marwari Commercial High School actively collaborated, contributing to the event's success and extending its reach.
- Community Involvement: The event benefited 32 toddlers from nuclear families, promoting nutritional awareness among families in the community.

Conclusion:

The "Cooking Without Fire" event, a collaboration between the college and Marwari Commercial High School, successfully promoted healthy eating habits among toddlers and engaged the community in a fun, educational experience.

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4. Report on Janmashtami Cultural Get-Together: September 3, 2018

Event: Janmashtami Cultural Get-Together

Day/Date: September 3, 2018

Organizing Unit/Department with Collaboration: Lilavati Lalji Dayal Night College of Commerce in

collaboration with Prabhodhan Samaj, Girgaon, Mumbai

Number of Student Participants: 20

Number of Beneficiaries from Communities: 32

On September 3, 2018, Lilavati Lalji Dayal Night College of Commerce, in collaboration with Prabhodhan Samaj, Girgaon, organized a Janmashtami Cultural Get-Together. The event celebrated the festival of Janmashtami with cultural performances and activities.

Key Highlights:

- Cultural Performances: Students and community members participated in traditional dance and music performances, celebrating Lord Krishna's birth.
- Collaboration: Prabhodhan Samaj, Girgaon, played a key role in organizing the event and engaging the local community.
- Community Participation: In addition to the 20 students, 32 community members participated, fostering cultural unity and celebration.

Conclusion:

The Janmashtami Cultural Get-Together, in collaboration with Prabhodhan Samaj, successfully brought students and community members together to celebrate the festival, strengthening cultural ties and community spirit.

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5. Report on Rangoli Competition for Plastic Ban Awareness: October 29, 2018

Event: Rangoli Competition for Plastic Ban Awareness

Day/Date: October 29, 2018

Organizing Unit/Department with Collaboration: Lilavati Lalji Dayal Night College of Commerce in

collaboration with BJCC College, Charni Road, Mumbai

Number of Student Participants: 50

Number of Beneficiaries from Communities: 42

On October 29, 2018, Lilavati Lalji Dayal Night College of Commerce, in collaboration with BJCC College, Charni Road, organized a Rangoli Competition to raise awareness about the plastic ban and promote eco-friendly practices.

Key Highlights:

- Theme: Participants created Rangoli designs centered around the theme of plastic pollution and the importance of banning single-use plastics.
- Collaboration: BJCC College, Charni Road, actively collaborated in organizing the event, helping to enhance community participation and outreach.
- Community Involvement: The event drew 50 student participants and 42 community members, raising awareness about environmental sustainability.

Conclusion:

The Rangoli Competition was a successful collaboration between the colleges, promoting awareness of plastic pollution and encouraging eco-friendly practices within the community.





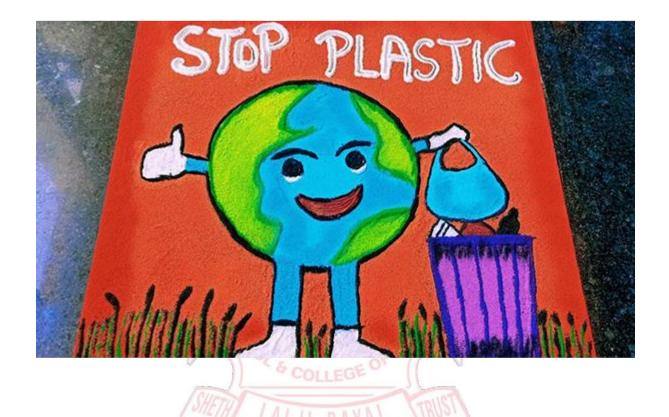
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6. Report on Essay Writing Competition: December 12, 2018

Event: Essay Writing Competition on Swachh Bharat Abhiyan – Save Earth, Save Environment

Day/Date: December 12, 2018

Organizing Unit/Department with Collaboration: Lilavati Lalji Dayal Night College of Commerce in

collaboration with BJCC College, Charni Road, Mumbai

Number of Student Participants: 18

Number of Beneficiaries from Communities: 35

On December 12, 2018, Lilavati Lalji Dayal Night College of Commerce, in collaboration with BJCC College, Charni Road, organized an Essay Writing Competition on the theme *Swachh Bharat Abhiyan* – *Save Earth, Save Environment* to encourage students and community members to reflect on the importance of cleanliness and environmental conservation.

Key Highlights:

- Theme: Participants wrote essays focusing on the goals of the Swachh Bharat Abhiyan and the importance of environmental sustainability.
- Collaboration: BJCC College partnered in organizing the event, helping to bring in both students and community members for greater engagement.
- **Community Involvement:** The competition saw participation from 18 students and 35 community members, emphasizing collective responsibility towards a cleaner environment.

Conclusion:

The Essay Writing Competition fostered awareness about cleanliness and environmental protection, with active collaboration from BJCC College. It encouraged participants to think critically about their role in saving the environment and promoting the objectives of the *Swachh Bharat Abhiyan*.

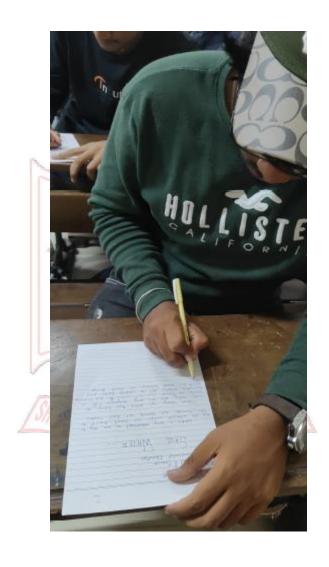
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7. Report on Canteen Day Celebration: September 14, 2018

Event: Canteen Day Celebration – Street Vendors Invited (To Honour Human Respect)

Day/Date: September 14, 2018

Organizing Unit/Department with Collaboration: Lilavati Lalji Dayal Night College of Commerce in

collaboration with Hulahul Foundation Number of Student Participants: 10

Number of Beneficiaries from Communities: 21

On September 14, 2018, Lilavati Lalji Dayal Night College of Commerce, in collaboration with Hulahul Foundation, organized a Canteen Day Celebration with a special focus on honoring street vendors. The event aimed to highlight the contributions of street vendors and promote respect for their work in society.

Key Highlights:

- **Street Vendor Participation:** Local street vendors were invited to set up food stalls and share their stories, fostering a sense of inclusion and respect.
- Collaboration: The Hulahul Foundation played a vital role in organizing the event and supporting the street vendors.
- Community Engagement: 10 students and 21 community members participated, making the event a meaningful interaction between students and street vendors.

Conclusion:

The Canteen Day Celebration successfully honored street vendors and promoted human respect, with the collaboration of Hulahul Foundation. It provided a platform for vendors to connect with the community and created awareness about their significant contributions.

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8. Report on Sports Activities: January 5, 2019

Event: Sports Activities for School Students to Encourage Physical Activity (No Mobile Games)

Day/Date: January 5, 2019

Organizing Unit/Department with Collaboration: Lilavati Lalji Dayal Night College of Commerce in

collaboration with Rajnish Inc

Number of Student Participants: 22

Number of Beneficiaries from Communities: 39

On January 5, 2019, Lilavati Lalji Dayal Night College of Commerce, in collaboration with Rajnish Inc, organized a sports event to encourage physical activity among school students. The event was aimed at reducing mobile gaming addiction by promoting outdoor games and fitness activities.

Key Highlights:

- Focus: Engaged students in various sports activities to encourage fitness and reduce reliance on mobile games.
- Collaboration: Rajnish Inc supported the event by providing resources and volunteers.
- Community Participation: 22 students and 39 community members actively participated, promoting a healthy lifestyle.

Conclusion:

The event successfully encouraged physical activity among school students, promoting outdoor sports as a healthier alternative to mobile gaming, with significant support from Rajnish Inc.





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9. Report on Importance of Physical Education (PE): February 25, 2019

Event: Importance of PE for Students' Lives in Community Colleges

Day/Date: February 25, 2019

Organizing Unit/Department with Collaboration: Lilavati Lalji Dayal Night College of Commerce in

collaboration with BJCC, Charni Road **Number of Student Participants:** 20

Number of Beneficiaries from Communities: 26

On February 25, 2019, Lilavati Lalji Dayal Night College of Commerce, in collaboration with BJCC, Charni Road, held a seminar on the importance of Physical Education (PE) in the lives of community college students. The event highlighted the benefits of physical fitness and its impact on overall well-being.

Key Highlights:

- **PE Focus:** Emphasized the importance of integrating physical education into daily student routines for improved health and concentration.
- Collaboration: BJCC, Charni Road, co-hosted the event, sharing expertise in sports education.
- **Community Impact:** 20 students and 26 community members attended, learning about the long-term benefits of physical education.

Conclusion:

This collaborative event successfully raised awareness of the importance of PE in the lives of students, promoting a healthy balance between academics and physical activity.





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10. Report on Marathi Bhasha Diwas: February 27, 2019

Event: Marathi Bhasha Diwas – Marathi Language Day for Local Marathi Supporting Staff

Day/Date: February 27, 2019

Organizing Unit/Department with Collaboration: Lilavati Lalji Dayal Night College of Commerce in collaboration with Management (Governance)Sheth Lalji Dayal Amalgamated Trust Board of HEI

Number of Student Participants: 14

Number of Beneficiaries from Communities: 8

On February 27, 2019, Lilavati Lalji Dayal Night College of Commerce, in collaboration with the Management (Governance) Trust Board of HEI, celebrated Marathi Bhasha Diwas to honor the Marathispeaking support staff in the institution.

Key Highlights:

- **Celebration of Language:** The event focused on promoting the Marathi language and acknowledging the contributions of local Marathi-speaking staff.
- Collaboration: The Management Trust Board played an integral role in organizing the event and ensuring its success.
- **Participation:** 14 students and 8 supporting staff members participated in this celebration, fostering a sense of linguistic pride and cultural recognition.

Conclusion:

The Marathi Bhasha Diwas event successfully honored the Marathi language and its speakers, with the participation of students and supporting staff, reinforcing linguistic and cultural respect within the institution.

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